

# **“Relax & Recharge Koh Lanta” Yoga Retreat - May 3-10, 2025**

## **Terms and Conditions**

### 1. Booking

- (a) Your booking is not considered definite and no contract will exist until we receive your non-refundable deposit and you agree to these terms and conditions.
- (b) We will not share your details with any third parties.

### 2. Payment

- (a) The price is the exact amount to be received in US Dollars.
- (b) The full payment amount is due on or before April 1st, 2025 unless otherwise agreed.

### 3. Travel

Transfers to and from Krabi Airport at the designated time is included in the price. All other travel arrangements are your responsibility and at your own cost. We cannot be held liable for any consequences due to delays or cancellations with any flights, travel companies, etc. you may have made arrangements with. Travel to and from excursions included in the package will be provided for by us.

### 4. Travel Insurance

Travel insurance is highly recommended. If you choose to buy insurance it is required to cover the activity of this retreat as well as unexpected cancellation, sickness, losses and all the usual risks. You should bring the policy with you in case of an emergency. Neither the instructors, therapist nor the hosting facility, are liable for any injury, or damages, to person or property, resulting from the participation in this retreat.

### 5. Your Health

- (a) Yoga is a beautiful practice, however it is not a substitute for medical attention, examination, diagnosis, or treatment. You should consult a physician prior to beginning any activity program, including yoga.
- (b) Alternatives and variations for practice will be given during the retreat, however it is your responsibility to let us know if you have any serious illness or injury before every yoga class. It's important to be mindful of your own body's capability during the retreat. If you experience any injury or discomfort during any activity during the retreat, then you must stop and tell us immediately.
- (c) Please advise us of any mental or physical health conditions and dietary requirements before you book. If you have health conditions and dietary requirements that may be affected by the activities offered, we reserve the right to decline your stay in the interests of your wellbeing.
- (d) Whilst all measures are taken to ensure a high standard of health and safety, the retreat is situated in the countryside where the land may be uneven and we cannot not be held responsible for any injuries caused by uneven terrain.
- (e) Women who are 12 to 28 weeks pregnant should provide a letter from their doctor specifying that they are fit to travel and engage in the activities provided.

### 6. Cancellation by you

- (a) You may cancel your booking before January 15, 2024 for refund minus the non-refundable deposit of \$500. All payments after February 1, 2025 are non-refundable. However, if another person can be found to take your place, then we may offer you a refund at our discretion. We will retain the deposit of the retreat.
- (b) Bookings are for the stated period of the retreat. There are no refunds for an unused portion of the retreat.

### 7. Amendments by us

Occasionally, changes may have to be made (e.g., class times, excursions or other arrangements), which we reserve the right to do at any time.

### 8. Cancellation by us

We reserve the right in any circumstances to cancel a retreat. In particular our retreats require a minimum

number of participants to have booked by 90 days before the start date. If this minimum number is not reached by that date we may cancel and refund the money to you.

#### 9. Our liability to you

- (a) We accept responsibility for ensuring that the retreat is as described and that the services we are contractually obliged to provide are to a reasonable standard.
- (b) We do not accept any liability for cancellations, delays or changes caused by war, threat of war, terrorist actions or threats, closure of airports, civil strife, industrial action, natural disaster, technical problems to transport, staff cancellations, unforeseen changes in your personal circumstances or other events beyond our control.
- (c) We are not liable for any injuries you may incur. Yoga classes are undertaken at your own risk. We are not liable for any medical or psychiatric conditions that may develop during or subsequent to the retreat. We are not liable for loss of, or damage to, your personal property.

#### 10. Group Bookings

Where a booking is made on behalf of several individuals, the booking is conditional on the person(s) paying having authorization from all the individuals named on the booking form to enter into this contract. The terms of this contract will apply to each member of the group as though they had paid for their own retreat individually and directly to us.

#### 11. No Liability for possessions

- (a) It is your responsibility to ensure that your possessions are kept safe at all times. This includes hire cars or other hired equipment.

#### 12. Complaints

If you have a problem during your retreat, please let us know immediately and we will endeavor to put things right. Please note that we cannot be held responsible for the individual behavior of any group member or other guest sharing your accommodation.

#### 13. Privacy Policy

We do not share customer details with any 3rd parties. Any personal information that you provide will be used only for the service you requested. This information is used only for administration of the site system and in the compilation of statistics used by us to assess the use of the site. This privacy policy does not cover the links within this site linking to other sites.

#### 14. Photography/Videos

Media, including photographs and videos of the retreat and all activities during the retreat may be taken and used for promotional use across the internet including blog posts and social media.